

Jan 16<sup>th</sup>- Jan 19<sup>th</sup>  
**MENU Subject to  
 CHANGE**



918 647-1333  
[www.carlalbert.edu](http://www.carlalbert.edu)

## Carl Albert State College Campus Dining

### Breakfast: 7:00 – 9:30 a.m.

	Tuesday	Wednesday	Thursday	Friday
<b>NO SCHOOL</b>	Scramble Eggs Hash browns <b>Bacon</b> Biscuits & gravy Chocolate gravy Pancakes Fruits	Scramble Eggs Hash browns <b>Sausage</b> Biscuits & gravy Waffles Fruits	Scramble Eggs Hash browns <b>Bacon</b> Biscuits & gravy Chocolate gravy Pancake Fruits	Scramble Eggs Hash browns <b>Sausage</b> Biscuits & gravy Waffles Fruits

### Lunch: 11:00 a.m. - 1:30 p.m.

	Tuesday	Wednesday	Thursday	Friday
<b>NO SCHOOL</b>	<b>Salad Bar</b> <b>Grill Open</b>  <b>Chicken Fried Chicken</b> Mashed Potato Green Bean Casserole Kernel Corn Hot Rolls Baked Potatoes	<b>Salad Bar</b> <b>Grill Open</b>  <b>Chicken and Dumplings</b> <b>Red Beans &amp; Rice w/Sausage</b> Vegetable blend Corn on the Cob Hot Rolls Baked Potatoes	<b>Salad Bar</b> <b>Grill Open</b>  <b>Build your own Burrito:</b> Fajita Beef Fajita Chicken Refried Beans Spanish Rice Guacamole Jalapeno....etc.	<b>Salad Bar</b> <b>PIZZA</b>  <b>Fried Fish</b> <b>Baked Fish</b> Fried Potatoes Beans and Sweet Cornbread Turnip Greens Baked potatoes

### Dinner: 5:00 p.m. – 7:00 p.m.

	Tuesday	Wednesday	Thursday	
<b>NO SCHOOL</b>	<b>Salad Bar</b> <b>Grill Open</b>  <b>Build your own Pasta:</b> Spaghetti Pasta Fettuccini Pasta Alfredo Sauce Marinara Sauce Beef/Chicken Garlic Bread	<b>Salad Bar</b> <b>Grill Open</b>  <b>Baked Chicken leg Quarters</b> <b>BBQ Chicken</b> Wild Rice Vegetable blend Hot Rolls Baked Potatoes	<b>Salad Bar</b> <b>Grill Open</b>  <b>Meat Lasagnas</b> Seasoned Whole Potatoes Vegetable Blend Garlic Bread Baked Potatoes	

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